Social Emotional Resources and Information that are Ready for You
Just When You Need Them

Resources for Infant Toddler Classroom Staff

EITA Portal

www.eita-pa.org -> Topics of Interest -> Social Emotional -> Resources for Center-based Programs ->

Nurturing Relationships/Supportive Environments -> What Works Briefs

Short articles and handouts that address classroom specific problems and provide clear, easy solutions to try in your classroom. The ages of children included in the research started at age 2 or younger and included children with disabilities. Examples to check out: Brief 6, Brief 9, Brief 12, Brief 19, Brief 20, Brief 23

Nurturing Relationships/Supportive Environments -> National Center for Quality Teaching and Learning (NCQTL)

15-minute online professional development that uses videos and articles to support practitioner learning in building relationships.

Nurturing Relationships/Supportive Environments -> DEC Interaction Practice Guides for Practitioners

Click on the Peer Interactions Video link to access the full range of practice guides. Check out Child Social Communication and Peer Social Interactions, but don’t stop there.

www.eita-pa.org -> Topics of Interest -> Social Emotional -> Resources for Home-based Programs ->

Teaching Social Skills -> Zero to Three: Early connections last a lifetime

This site provides a number of videos and handouts that are useful for staff or families. Check out the series on Developing Social Emotional Skills

Nurturing Relationships/Supportive Environments -> ECTA Center DEC Checklists

Check out the Instruction Checklists and Interaction Checklists to support teacher classroom skills. The Teaming and Collaboration Checklists and the Family Checklists support relationships among staff and between staff and families.

For Trainers/Coaches -> Social Emotional Coaching Kits

Brief resources that link staff skill assessment tools with resources to help teach the skills identified as needing support.

www.eita-pa.org -> Professional Development -> Social Emotional ->

Social and Emotional Foundations for Early Learning

This online course provides a foundation for the understanding of social and emotional development in infants and toddlers.
Resources for Infant Toddler Classroom Staff

PA Keys Website

www.pakeys.org -> Getting Started -> Early Learning Programs -> Early Childhood Mental Health -> Resources -> Focus on ECMH Articles

These one page documents provide practical strategies for supporting development in a number of areas. Some of the additional resource links are no longer active, but the basic articles are brief and practical. Some that are especially useful for infants and toddlers are: I think I Can!; Security Objects; Building Resilience in Young Children; The Importance of Attachment; Nurturing the Natural Curiosity of Children; How Basic needs Determine Behavior; Stress, Trauma and Early Brain Development; Everybody gets Mad; Screening for Delays in Social-Emotional Development; and Behavior.

www.pakeys.org -> Getting Started -> Early Learning Programs -> Infant Toddler Temperament Tool

On this page you will find both infant and toddler versions of a temperament assessment tool, and strategies for supporting social and emotional development.

www.pakeys.org -> Getting Started -> Early Learning Supports -> Infant/Toddler -> Scroll down to Resources -> Baby Talk

This free monthly newsletter provides information on child development and links to resources to help families and caregivers support infants and toddlers.

www.pakeys.org -> Getting Started -> Pennsylvania Early Learning Initiatives -> Promoting Inclusion & Reducing Expulsion and Suspension

Resources about strategies to put in place as an organization, and how to get help to support a child rather than ask them to leave your program include:

Policy Statement: Reduction of Suspension and Expulsion in Early Childhood Programs—This explains why this is important, defines suspension and expulsion, and outlines steps that local programs are expected to take to help them support all children.

Guidelines to Support Implementation of OCDEL Announcement on Suspension and Expulsion: Developing Policy—Also check out the resources at the end of the document.
Teaching Social Skills -> 15-minute In-service: Problem Solving in the Moment

This video guides teachers as they support children learning to solve social problems.

Teaching Social Skills -> Social Stories to Teach Social Skills

Descriptions of social stories, guidance on how to use them, and samples that you can edit, print and use.

Nurturing Relationships/Supportive Environments -> What Works Briefs

Short articles and handouts that address classroom specific problems and provide clear, easy solutions to try in your classroom.

Nurturing Relationships/Supportive Environments -> DEC Interaction Practice Guides for Practitioners

Click on the Peer Interactions Video link to access the full range of practice guides. Check out Accentuating Positive Child Interactions and Peer Social Interactions, but don’t stop there.

For Trainers/Coaches -> Social Emotional Coaching Kits

These kits provide links between social emotional teaching skills assessments and resources to help address any skills that teachers may need to strengthen.

Technical Assistance Center for Social Emotional Intervention -> Backpack Connection Series

These brief resources are designed for classroom staff to communicate about social skills learning with families. They help families address many of the same issues that teachers are addressing in classrooms.

Evidence Based Practice -> Creating Teaching Tools for Young Children with Challenging Behaviors

This site provides practical behavioral strategies that are effectively applied to all young children, including those with autism.
Resources for Preschool and School Age Classroom Staff

PA Keys Website

www.pakeys.org  ->  Getting Started  ->  Early Learning Programs  ->  Early Childhood Mental Health  ->  Resources  ->  Focus on ECMH Articles

These one page documents provide practical strategies for supporting development in a number of areas. Some of the additional resource links are no longer active, but the basic articles are brief and practical. Some that are especially useful for preschool classrooms are: I think I Can!; Napping; Building Resilience in Young Children; Nurturing the Natural Curiosity of Children; How Basic needs Determine Behavior; Stress, Trauma and Early Brain Development; Everybody gets Mad; Whining; Screening for Delays in Social-Emotional Development; and Behavior.

www.pakeys.org  ->  Getting Started  ->  Pennsylvania Early Learning Initiatives  ->  Promoting Inclusion & Reducing Expulsion and Suspension

Resources about strategies to put in place as an organization, and how to get help to support a child rather than ask them to leave your program include:

Policy Statement: Reduction of Suspension and Expulsion in Early Childhood Programs—This explains why this is important, defines suspension and expulsion, and outlines steps that local programs are expected to take to help them support all children.

Guidelines to Support Implementation of OCDEL Announcement on Suspension and Expulsion—Developing Policy—Also check out the resources at the end of the document.

www.pakeys.org  ->  Getting Started  ->  Early Learning Supports  ->  School-Age  ->  Resources  ->  Scroll down to Keys to Quality Afterschool ->

Building Resiliency

Resiliency Quiz for School-Age Children
## Teaching Social Skills

**Developing Social-Emotional Skills (Zero to Three series)**

Learn what you can do to support social-emotional development in your child from birth to age three. These resources are useful for professionals and families.

### Nurturing Relationships/Supportive Environments

**ECTA Center DEC Checklists**

These short, self-assessment checklists help you identify strategies for helping families make decisions, and supporting parent and child interactions.

### Addressing Challenging Behaviors

**Top Ten List for Managing your Child’s Behavior**

This annotated list of strategies provides a foundation for home visitors and caregivers to plan together to support children’s ability to manage their behavior.

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## Coaching and Collaborative Partnerships

Coaching families in the child’s natural environment promotes interventions and parent-child interactions that support the child’s development in everyday routines, activities and places where the family participates. The links on this page take you to presentations with resources to support this important approach.

## Autism

**About Autism in Toddlers**

About Autism in Toddlers is a free online tool for families, caregivers and professionals interested in learning about autism spectrum disorder (ASD).

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## Social Emotional Foundations for Early Learning

**Social and Emotional Foundations for Early Learning**

This online course provides a foundation for the understanding of social and emotional development in infants and toddlers.

**Parents Interacting with Infants (PIWI)**

This course addresses how home visitors can support the quality of interactions between infants, toddlers and their caregivers. The process is supportive of social development even if the topic of the interaction is not about social skills.
These one page documents provide practical strategies for supporting development in a number of areas. Some of the additional resource links are no longer active, but the basic articles are brief and practical. Some that are especially useful for caregivers in the home are: I think I Can!; Security Objects; Building Resilience in Young Children; The Importance of Attachment; Nurturing the Natural Curiosity of Children; How Basic needs Determine Behavior; Stress, Trauma and Early Brain Development; Everybody gets Mad; Screening for Delays in Social-Emotional Development; and Behavior.

On this page you will find both infant and toddler versions of a temperament assessment tool, and strategies for supporting social and emotional development.

This free monthly newsletter provides information on child development and links to resources to help families and caregivers support infants and toddlers.
Supporting an Effective Workforce-> Preventing Suspension and Expulsions in Early Childhood Settings...

Starting with a program self-assessment, this online guide helps leaders consider strategies to support ALL staff so that they are better able to support ALL children. It also includes information about why preventing expulsion is such an important national topic.

Supporting an Effective Workforce-> Pennsylvania’s Early Childhood Mental Health consultation (ECMHC) Project

This page explains ECMHC and how to access this support. There are also a number of articles on this page that your staff can use immediately.

Supporting an Effective Workforce-> Early Intervention Program Guidance for Developing a Behavior Support Policy

Most of this document is applicable to all early learning programs. The regulatory piece is specific to EI, but the processes recommended are quality practice for all.

Supporting an Effective Workforce-> Pennsylvania State Baby Facts 2015

Information about needs and services for very young children in PA. Useful for leaders for making decisions about how to allocate resources and to advocate with boards and parents about types of services to provide

Nurturing Relationships/Supportive Environments->ECTA Center DEC Checklists

A series of self-assessment tools to help leaders and staff to evaluation the strengths and needs of their program and practices.

www.eita-pa.org -> Professional Development-> Social Emotional- PBIS Administrator Overview

This online resource helps early learning administrators learn about program-wide positive behavior interventions and supports and make decisions about whether this process might be useful for their programs.
Resources for Administrators

Learn about ECMH Consultation services - what is offered, who can access and how to access.

Resources

Focus on ECMH – find short articles on various social-emotional topics that can be helpful for providers and families

Pennsylvania Early Learning Initiatives - Promoting Inclusion and Reducing Expulsion and Prevention

Find information on OCDEL’s policy statements on Inclusion of All Children in Early Childhood Programs and Reduction of Suspension and Expulsion in Early Childhood Programs, guidelines and timelines to support implementation. Look for the recorded webinar from Deputy Secretary Morris titled, “RELATIONSHIPS MATTER: REDUCING SUSPENSION AND EXPULSION IN EARLY LEARNING”

Preventing Suspensions and Expulsions in Early Childhood Settings: An Administrators’ Guide.

Starting with a program self-assessment, this online guide helps leaders consider strategies to support ALL staff so that they are better able to support ALL children. It also includes information about why preventing expulsion is such an important national topic.

Other Resources:

- **Serving Young Infants – Sharing Knowledge with Infant-Toddler Teachers and Home Visitors**
  
  This booklet describes development, security, and brain growth for infants from birth to 8 months. It was developed for Head Start Staff members who are working with teachers and home visitors.  
  

- **Virtual Lab School**

  Social-Emotional Development- Management Track
  
  This lesson provides information and resources that managers may use to support staff members and families in promoting children’s social-emotional development. As a leader and manager, your role is critical to fostering a climate that supports social-emotional development of the children and youth served in your program.
  