

The Continuum of Children's Behavioral Health Services: Collaboration and Access

Bureau of Children's Behavioral Health Services
Office of Mental Health and Substance Abuse Services

“To promote the emotional well being of children and ensure that children with emotional and behavioral challenges disorders live, learn, work and thrive in their communities. The bureau supports the objective of the Office of Mental Health and Substance Abuse Services that is specifically related to the behavioral health needs of children and adolescents: to transform the children’s behavioral health system to a system that is family driven and youth guided.”

Continuum of Children's Behavioral Health Services



OMHSAS Bureau of Children's Behavioral Health Services	
Scott Talley	Acting Director
Operations & Service Delivery Division	
Scott Talley	PRTF's; Cross System Initiatives; Juvenile Justice; EBP's; Community Services; Continuity of Care; Staff Supervision
Doris Arena	Transition Age Youth and Young Adults; Planning Council; CMHBG; County Plans; Olmstead Plans; PDE Career Readiness; EEC
Judy Dogin	Consulting Psychiatrist; PRTF's; School Based Services
Dwaneen Hicks	PRTF's; Complex Case Reviews; SAP; Cross System Coordination
Gordon Hodas, MD	Consulting Child Psychiatrist; FASD; PRTF's; Family Based; High Fidelity Wraparound
Ann Litzelman	Consulting Child Psychologist; School Based Services; Service Description Review; EBP's
Perri Rosen	GLS Youth Suicide Prev Grant Project Director; Bullying Prevention; SAP; Consulting School Psychologist
Caren Rosser-Morris	Consulting Child Psychologist; PRTF's; Trauma; Service Description Review
Ebonnie Simmons-Hall	PCIT; FFT; MST; Family Based; High Fidelity Wraparound; Conference planning
Michele Walsh	Consulting Clinical Social Worker; Early Childhood; Service Description Review
Planning, Policy & Program Development Division	
Courtney Malecki	Division Director; Children's Behavioral Health Policy & Regulations, Staff Supervision
Crystal Doyle	Policy Review; SWAN; OCYF; CASSP; System of Care Youth & Family Engagement
Amy Kabiru	Consulting Licensed Social Worker, Board Certified Behavior Analyst; ABA; IBHS Regulations, Service Description Review; Early Childhood MH
Amy Wealand (as of 4/1/19)	Service Description Coordinator; Waivers; FASD Task Force; SSRC Representative

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DEPARTMENT OF HUMAN SERVICES



Bureau of Children's Behavioral Health- Initiatives



**Student Assistance Program
MH Regional Coordinators**

Roberta Chuzie
Statewide
Coordinator

Patricia Johnson
Region VI

Deborah Strayer
Region VII

Renee Urick
Region VIII

Marie Bozelli
Region IX

Beth Sprentz
Region X

**SAMHSA Funded
Grants and Initiatives**

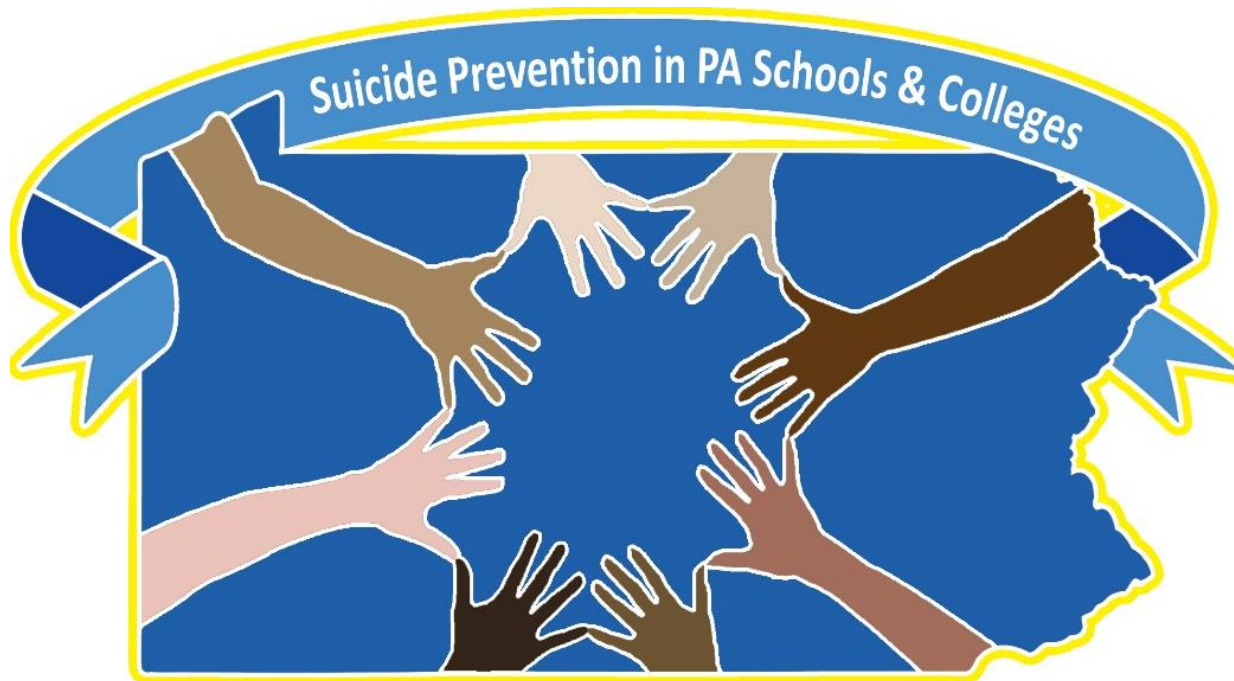
Project Launch
Brandy Fox,
LCSW, IMH-E®

Garrett Lee Smith
Youth Suicide
Prevention
Perri Rosen, PhD

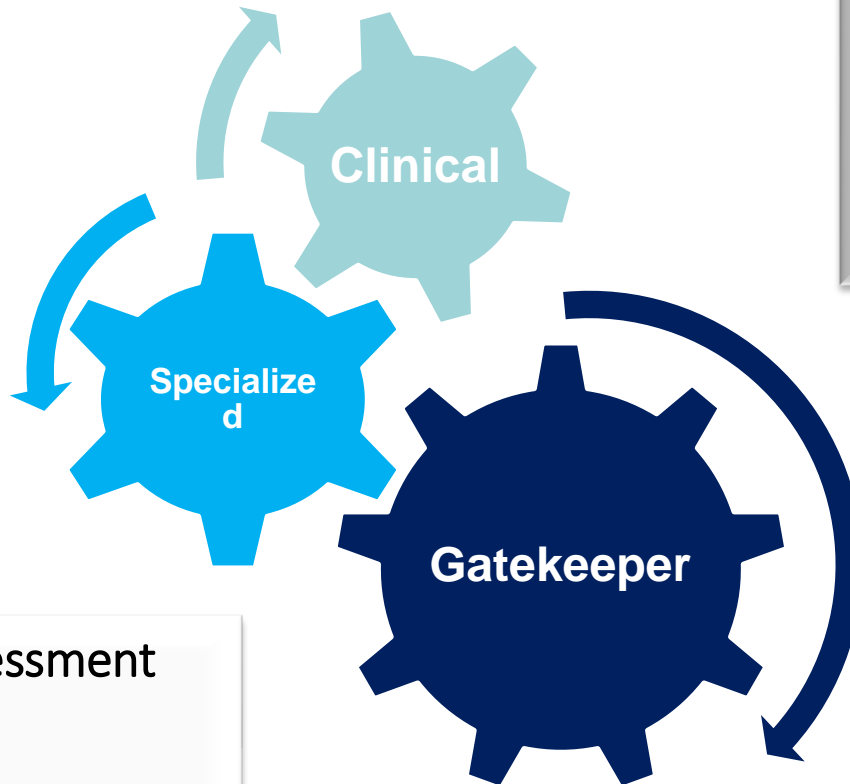
PA Care Partnership
Mark Durgin

Garrett Lee Smith Youth Suicide Prevention in Schools & Colleges Grant

www.preventsuicidepa.org/gls



Suicide Prevention



Cognitive-behavioral
therapy for suicide
prevention (CBT-SP)

Attachment-based family
therapy (ABFT)

Suicide risk assessment
Safety Planning
Postvention
Family Engagement

Myths
Risk and protective factors
Warning Signs
How to respond to youth who
may be suicidal

Pennsylvania Student Assistance Program

- **Law** - “School entities shall plan and provide for a student assistance program (SAP)” (Chapter 12 of the PA Public School Code)
- **Goal** - ... to help students overcome barriers to learning

Additional information –

Pennsylvania Network for Student Assistance Programs

<http://pnsas.org/PNSAS>



Pennsylvania SAP System Overview

Department of Drug & Alcohol
Programs (DDAP) – Division of
Prevention & Intervention

Department of
Education (PDE)
Safe Schools Office

Department of Human Services (DHS) –
Office of Mental Health & Substance
Abuse Services/Children's Bureau

COMMONWEALTH SYSTEM COMPONENTS

Inter Agency Committee

Statewide Staff

Regional Coordinators

CATs
Co-Chairs

Commonwealth
Approved Trainers
(CATs)

SAP County
Coordination/
District Council

School Districts

SAP Teams

County MH/ID

MH Liaison
Provider Agency

County D/A (SCA)

D/A Liaison
Provider Agency

LOCAL SYSTEM COMPONENTS



www.pnsas.org
SEPTEMBER 2017

Bureau of Children's Behavioral Health- Services





County Level Service Access – Child & Adolescent Service System Program (CASSP) and System of Care (SOC)

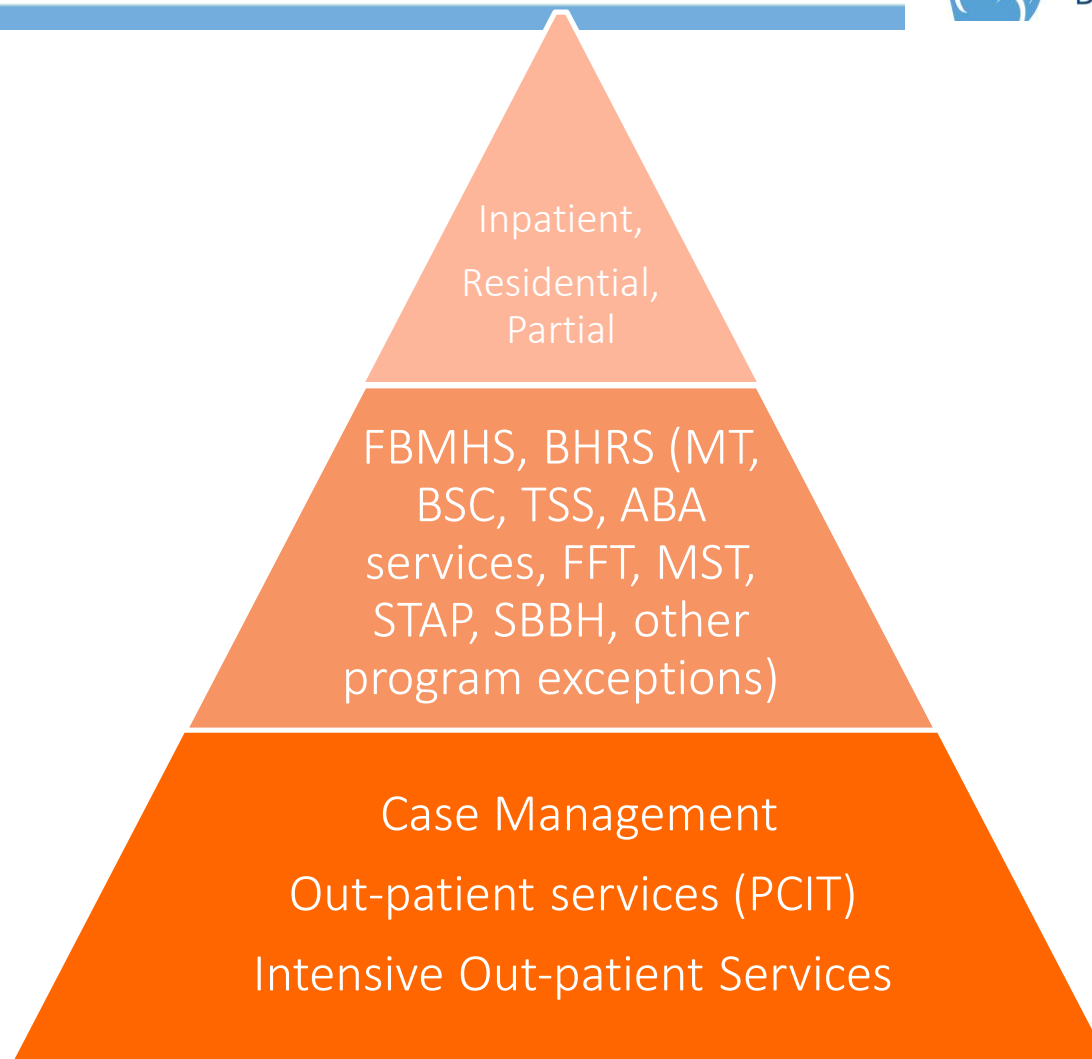
- Child-centered & Family-focused
- Community-based & culturally competent,
- CASSP/SOC Coordinators serve as the contact person for children with multi-system needs.

Additional Resources at:

PA Recovery

www.parecovery.org/principles_cassp.shtml

www.pacarepartnership.org



High Fidelity Wraparound (HFW)

- **What** – Theory of Change
- **Who** – Complex Needs, Multi-system Involvement
- **How** – County Mental Health Agencies

Additional Information:

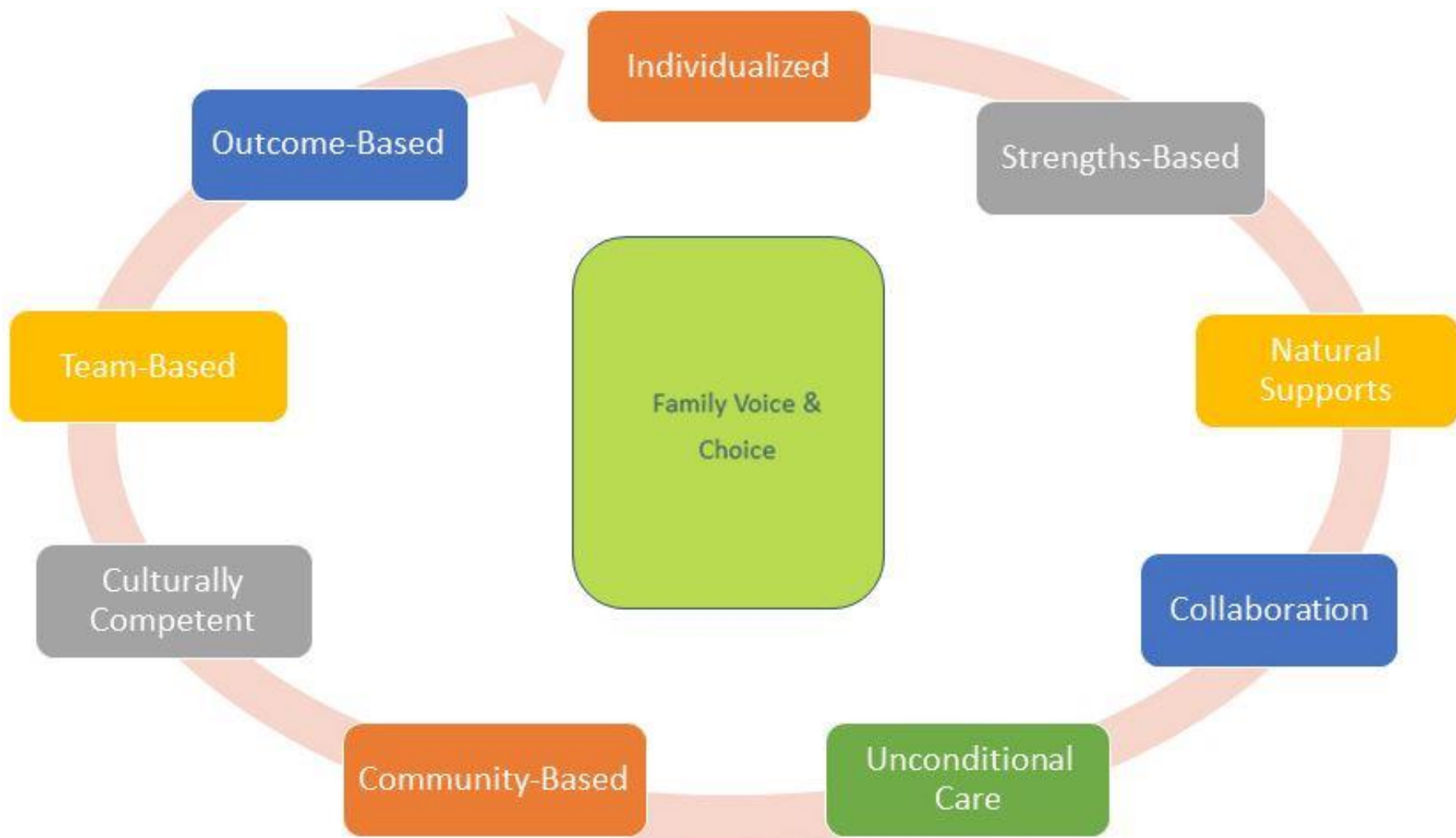
National Wraparound Initiative - <https://nwi.pdx.edu/>

Youth and Family Training Institute <http://www.yftipa.org>

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High Fidelity Wraparound is for children and adolescents, and families who are involved with multiple systems and have complex needs.



High Fidelity Wraparound is:

- Team Based
- Collaborative
- Youth Guided
- Family Driven



Children's Behavioral Health Services

What – Family Systems Theory

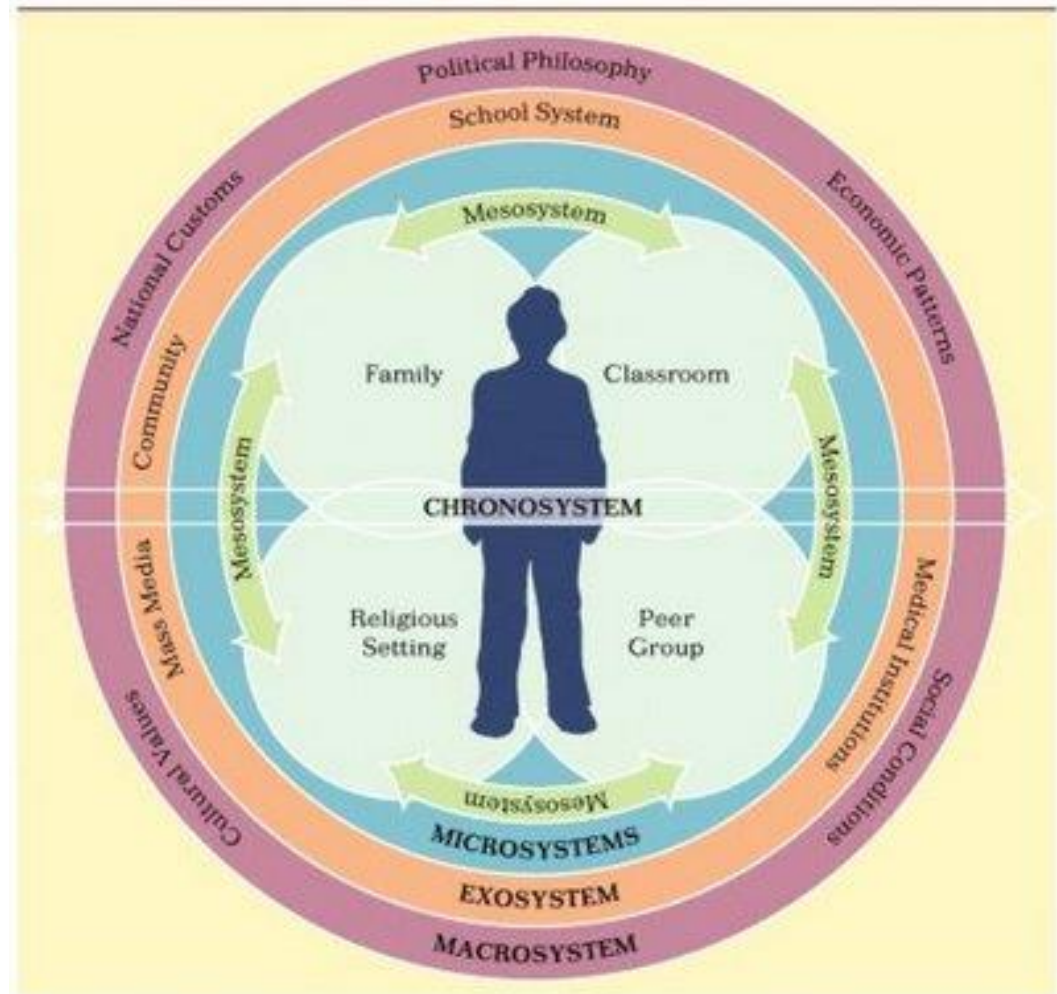
Who – Children with Behavioral, Social, & Emotional Challenges

How – Agencies that provide Mental/Behavioral Health Services

Additional Information:

Pennsylvania Department of Human Services www.dhs.pa.gov

Children's behavioral health services address child's behavior within the context of family and environment



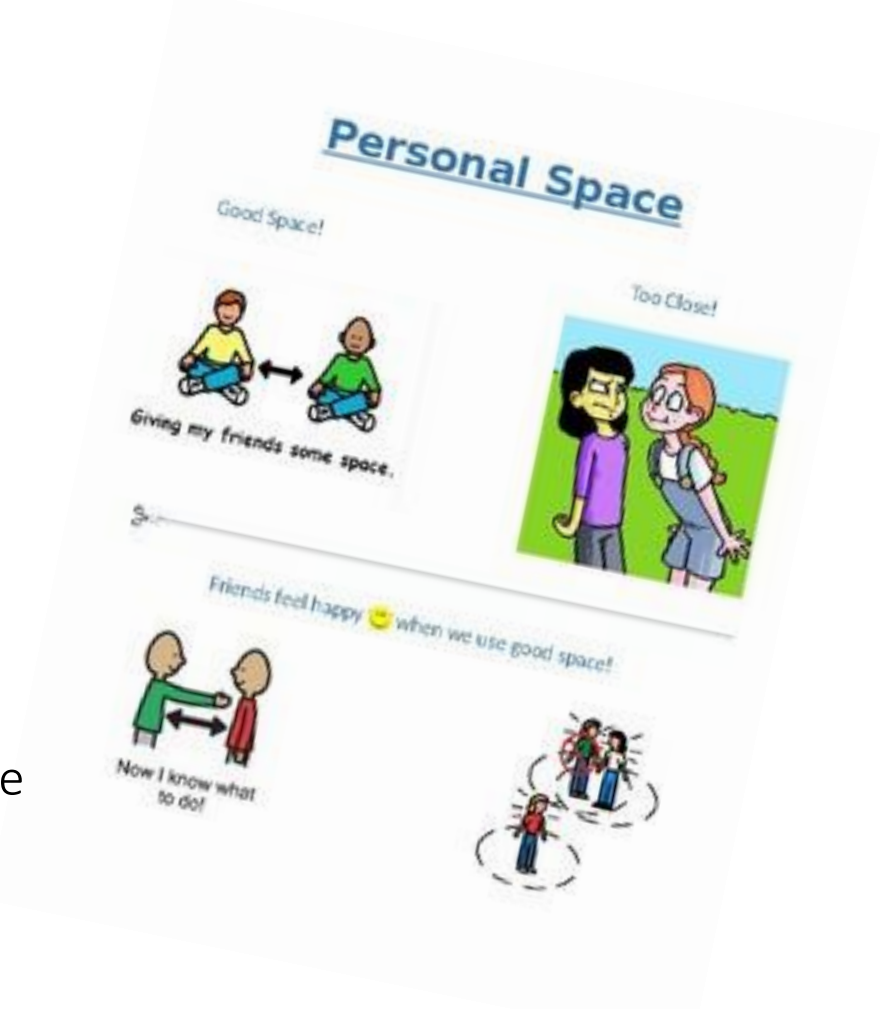
Children's behavioral health services may be appropriate services for children displaying Challenging Behavior.

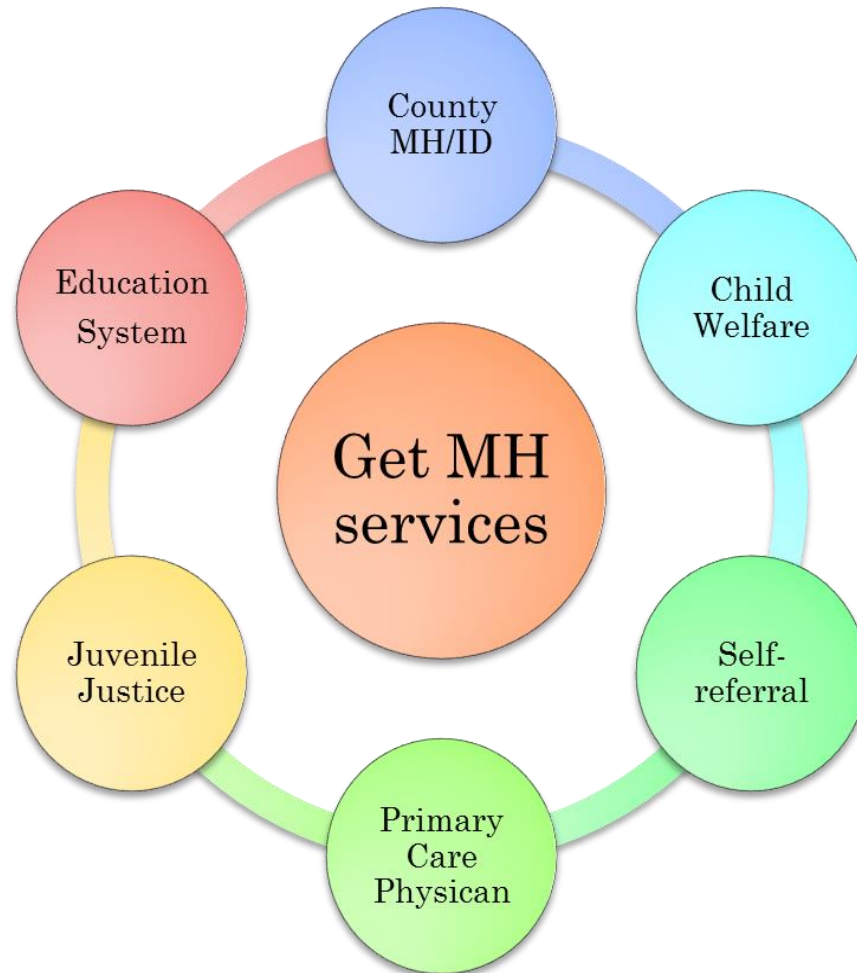
Challenging behavior is any behavior that interferes with a child's learning, engagement, and social interactions with her peers or adults.



Children's Behavioral Health Services

- Provided by mental/behavioral health agencies at the local level.
- Recipients must be under the age of 21.
- Requires a DSM or ICD behavioral health diagnosis.
- Must meet medical necessity criteria.
- Services may not be duplicative of other services the recipient receives.
- Frequently accessed BHRS include Mobile Therapy, Behavior Specialist Consultant, and Therapeutic Staff Support Services.



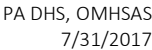


Mental Health/ Behavioral Health Access Points

Children with MA coverage for Behavioral Health Services either have coverage overseen through Fee-For-Service or HealthChoices.

When coverage is through HealthChoices a Behavioral Health Managed Care Organization (BH-MCO) is assigned to the child based on the family's county of residence.

- Beacon Health Options (formerly Value Behavioral Health)
- Community Behavioral Health (CBH)
- Community Care Behavioral Health (CCBHO)
- Magellan Behavioral Health
- PerformCare (AmeriHealth)



Presenter Contact Information

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References:

Center on the Social and Emotional Foundations for Early Learning – www.csefe.Vanderbilt.edu

National Wraparound Initiative - <https://nwi.pdx.edu/>

PA Department of Human Services – www.dhs.pa.gov

PA Recovery – www.parecovery.org

Youth and Family Training Institute <http://www.yftipa.org>