The Continuum of Children’s Behavioral Health Services: Collaboration and Access

Bureau of Children’s Behavioral Health Services
Office of Mental Health and Substance Abuse Services
“To promote the emotional well being of children and ensure that children with emotional and behavioral challenges disorders live, learn, work and thrive in their communities. The bureau supports the objective of the Office of Mental Health and Substance Abuse Services that is specifically related to the behavioral health needs of children and adolescents: to transform the children’s behavioral health system to a system that is family driven and youth guided.”
## OMHSAS Bureau of Children’s Behavioral Health Services

<table>
<thead>
<tr>
<th>Name</th>
<th>Title</th>
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<tbody>
<tr>
<td>Scott Talley</td>
<td>Acting Director</td>
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## Operations & Service Delivery Division

<table>
<thead>
<tr>
<th>Name</th>
<th>Responsibilities</th>
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<tbody>
<tr>
<td>Scott Talley</td>
<td>PRTF’s; Cross System Initiatives; Juvenile Justice; EBP’s; Community Services; Continuity of Care; Staff Supervision</td>
</tr>
<tr>
<td>Doris Arena</td>
<td>Transition Age Youth and Young Adults; Planning Council; CMHBG; County Plans; Olmstead Plans; PDE Career Readiness; EEC</td>
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<tr>
<td>Judy Dogin</td>
<td>Consulting Psychiatrist; PRTF’s; School Based Services</td>
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<tr>
<td>Dwaneen Hicks</td>
<td>PRTF’s; Complex Case Reviews; SAP; Cross System Coordination</td>
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<tr>
<td>Gordon Hodas, MD</td>
<td>Consulting Child Psychiatrist; FASD; PRTF’s; Family Based; High Fidelity Wraparound</td>
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<tr>
<td>Ann Litzelman</td>
<td>Consulting Child Psychologist; School Based Services; Service Description Review; EBP’s</td>
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<tr>
<td>Perri Rosen</td>
<td>GLS Youth Suicide Prev Grant Project Director; Bullying Prevention; SAP; Consulting School Psychologist</td>
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<tr>
<td>Caren Rosser-Morris</td>
<td>Consulting Child Psychologist; PRTF’s; Trauma; Service Description Review</td>
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<tr>
<td>Ebonnie Simmons-Hall</td>
<td>PCIT; FFT; MST; Family Based; High Fidelity Wraparound; Conference planning</td>
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<tr>
<td>Michele Walsh</td>
<td>Consulting Clinical Social Worker; Early Childhood; Service Description Review</td>
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## Planning, Policy & Program Development Division

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<tr>
<th>Name</th>
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<tbody>
<tr>
<td>Courtney Malecki</td>
<td>Division Director; Children’s Behavioral Health Policy &amp; Regulations, Staff Supervision</td>
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<tr>
<td>Crystal Doyle</td>
<td>Policy Review; SWAN; OCYF; CASSP; System of Care Youth &amp; Family Engagement</td>
</tr>
<tr>
<td>Amy Kabiru</td>
<td>Consulting Licensed Social Worker, Board Certified Behavior Analyst; ABA; IBHS Regulations, Service Description Review; Early Childhood MH</td>
</tr>
<tr>
<td>Amy Wealand (as of 4/1/19)</td>
<td>Service Description Coordinator; Waivers; FASD Task Force; SSRC Representative</td>
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Bureau of Children’s Behavioral Health Initiatives
### Continuum of Children’s Behavioral Health Services

#### Student Assistance Program
MH Regional Coordinators

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<tr>
<th>Coordinator</th>
<th>Region</th>
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<tbody>
<tr>
<td>Roberta Chuzie</td>
<td>Statewide Coordinator</td>
</tr>
<tr>
<td>Patricia Johnson</td>
<td>Region VI</td>
</tr>
<tr>
<td>Deborah Strayer</td>
<td>Region VII</td>
</tr>
<tr>
<td>Renee Urick</td>
<td>Region VIII</td>
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<tr>
<td>Marie Bozelli</td>
<td>Region IX</td>
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<tr>
<td>Beth Sprentz</td>
<td>Region X</td>
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#### SAMHSA Funded Grants and Initiatives

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<tr>
<th>Initiative</th>
<th>Leader</th>
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<tr>
<td>Project Launch</td>
<td>Brandy Fox, LCSW, IMH-E®</td>
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<tr>
<td>Garrett Lee Smith</td>
<td>Perri Rosen, PhD</td>
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<tr>
<td>Youth Suicide Prevention</td>
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<tr>
<td>PA Care Partnership</td>
<td>Mark Durgin</td>
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Garrett Lee Smith Youth Suicide Prevention in Schools & Colleges Grant

www.preventsuicidepa.org/gls
Suicide Prevention

Gatekeeper

Clinical

Specialized

- Cognitive-behavioral therapy for suicide prevention (CBT-SP)
- Attachment-based family therapy (ABFT)

Suicide risk assessment
Safety Planning
Postvention
Family Engagement

Myths
Risk and protective factors
Warning Signs
How to respond to youth who may be suicidal

4/3/2019
www.dhs.pa.gov
Pennsylvania Student Assistance Program

- **Law** - “School entities shall plan and provide for a student assistance program (SAP)” (Chapter 12 of the PA Public School Code)

- **Goal** - ... to help students overcome barriers to learning

Additional information –
Pennsylvania Network for Student Assistance Programs
http://pnsas.org/PNSAS
Pennsylvania SAP System Overview

COMMONWEALTH SYSTEM COMPONENTS

- Department of Drug & Alcohol Programs (DDAP) – Division of Prevention & Intervention
- Department of Education (PDE) Safe Schools Office
- Department of Human Services (DHS) – Office of Mental Health & Substance Abuse Services/Children's Bureau

Inter Agency Committee

Statewide Staff

Regional Coordinators

LOCAL SYSTEM COMPONENTS

- CATs Co-Chairs
- Commonwealth Approved Trainers (CATs)
- SAP County Coordination/District Council
- School Districts
- SAP Teams
- County MH/ID
- MH Liaison Provider Agency
- County D/A (SCA)
- D/A Liaison Provider Agency
County Level Service Access – Child & Adolescent Service System Program (CASSP) and System of Care (SOC)

- Child-centered & Family-focused
- Community-based & culturally competent,
- CASSP/SOC Coordinators serve as the contact person for children with multi-system needs.

Additional Resources at:
PA Recovery
www.parecovery.org/principles_cassp.shtml
www.pacarepartnership.org
High Fidelity Wraparound (HFW)

• **What** – Theory of Change
• **Who** – Complex Needs, Multi-system Involvement
• **How** – County Mental Health Agencies

Additional Information:
National Wraparound Initiative - https://nwi.pdx.edu/
Youth and Family Training Institute  http://www.yftipa.org
Continuum of Children’s Behavioral Health Services
High Fidelity Wraparound is for children and adolescents, and families who are involved with multiple systems and have complex needs.
High Fidelity Wraparound is:

- Team Based
- Collaborative
- Youth Guided
- Family Driven
Children’s Behavioral Health Services

**What** – Family Systems Theory

**Who** – Children with Behavioral, Social, & Emotional Challenges

**How** – Agencies that provide Mental/Behavioral Health Services

Additional Information:
Pennsylvania Department of Human Services [www.dhs.pa.gov](http://www.dhs.pa.gov)
Children’s behavioral health services address child’s behavior within the context of family and environment.
Children’s behavioral health services may be appropriate services for children displaying Challenging Behavior.

Challenging behavior is any behavior that interferes with a child's learning, engagement, and social interactions with her peers or adults.
Continuum of Children’s Behavioral Health Services

Children’s Behavioral Health Services

- Provided by mental/behavioral health agencies at the local level.
- Recipients must be under the age of 21.
- Requires a DSM or ICD behavioral health diagnosis.
- Must meet medical necessity criteria.
- Services may not be duplicative of other services the recipient receives.
- Frequently accessed BHRS include Mobile Therapy, Behavior Specialist Consultant, and Therapeutic Staff Support Services.
Continuum of Children’s Behavioral Health Services

Mental Health/Behavioral Health Access Points

Get MH services

- County MH/ID
- Child Welfare
- Self-referral
- Primary Care Physician
- Juvenile Justice
- Education System
Children with MA coverage for Behavioral Health Services either have coverage overseen through Fee-Fee-Service or HealthChoices.

When coverage is through HealthChoices a Behavioral Health Managed Care Organization (BH-MCO) is assigned to the child based on the family’s county of residence.

- Beacon Health Options (formerly Value Behavioral Health)
- Community Behavioral Health (CBH)
- Community Care Behavioral Health (CCBHO)
- Magellan Behavioral Health
- PerformCare (AmeriHealth)
Presenter Contact Information

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References:

National Wraparound Initiative - https://nwi.pdx.edu/
PA Department of Human Services – www.dhs.pa.gov
PA Recovery – www.parecovery.org
Youth and Family Training Institute  http://www.yftipa.org