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## Tips for Families on Tele-Intervention

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Dear Families,

Many of you may be preparing for Tele-Intervention services for the first time. The following information will help you to know what to expect and how you can prepare. In this tip sheet, we will refer to any Infant Toddler or Preschool staff who deliver services as an Early Interventionist.

### Service Delivery for Tele-Intervention:

- Services will focus on using your everyday routines and activities to practice so that your child can make progress towards their IFSP/IEP goals.
- Children learn best with familiar people including siblings who may not typically be present for sessions but can now be part of the team.
- Activities like getting dressed, playing outdoors and feeding pets are perfect for working on strategies and goals. They happen frequently and provide lots of opportunity for practice



### We invite you to:

- Talk with your Early Interventionist about your priorities for your child's session. We understand they may have changed due to the current situation.
- Work with your Early Interventionist to schedule sessions that can support you during your family's daily routines and activities. You know your child best and can identify what activities and routines should be used to teach new skills.
- Be willing to share information about what typically happens during routines and to try new strategies provided by the Early Interventionist.
- Give feedback to you Early Interventionist about what did and didn't work so you can problem solve together.

### Your Early Interventionist will:

- Teach you strategies to use within daily routines and activities to help your child to make progress towards their outcomes/goals.
- Help you to choose routines that are fun, repetitive, and support participation.
- Problem solve with you to make adjustments or expansions.
- Support you to make a plan to practice between sessions including what, when, where, and who will participate as well as how you will know it is working.



As always, if you have any concerns, please reach out to your Service Coordinator or Early Intervention Program staff member.