
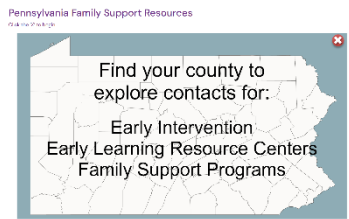

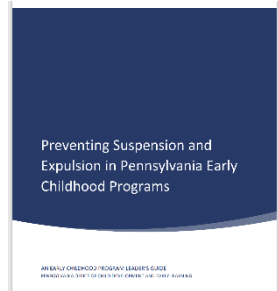





## OCDEL Social Emotional Resources You Can Access at Any Time

Social Emotional Resources Available on the EITA Portal at eita-pa.org		
Title	Description and Location	Visual
Developmental Milestones	Adults often are frustrated by children's behavior because our expectations are beyond a child's developmental level. For searchable guidance about social skills by age, go to <a href="https://www.eita-pa.org/">https://www.eita-pa.org/</a> On the home page, scroll down and click on Developmental Milestones under Highlighted Resources.	
Pennsylvania Family Support Resources	Locate your local contact information for agencies that support families and children. Specifically, learn where families can go to access your Early Learning Resource Center, Infant Toddler Early Intervention Program, Preschool Early Intervention Program, and Family Support Organizations. Go to <a href="https://www.eita-pa.org/">https://www.eita-pa.org/</a> Scroll down to Highlighted Resources. Click on Pennsylvania Family Support Resources.	
Bits About Behavior Principles	This collection of brief online interactions is intended to support knowledge and application of basic behavioral principles. In each topic, you will find definitions of common behavioral terms and/or processes and opportunities to practice applying these principles. Go to <a href="https://www.eita-pa.org/">https://www.eita-pa.org/</a> Click on Topics of Interest at the top of the page. Click on Social Emotional. Scroll down to Bits About Behavior Principles.	
Reducing Suspension and Expulsion	OCDEL has created several resources designed to help early learning programs know who can help when a child's challenging behavior is not responding to developmentally appropriate guidance strategies. These resources are available on the PA Keys website and a link to them is also provided on the EITA portal. Go to <a href="https://www.eita-pa.org/">https://www.eita-pa.org/</a> Scroll down to Highlighted Initiatives and click on Social Emotional Development > Click on Learn More about Social Emotional Development > Scroll down to Reducing Expulsion and Suspension and choose any of the 3 resources listed there.	

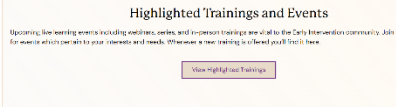


## OCDEL Social Emotional Resources You Can Access at Any Time



Social Emotional Resources Provided by Child Care State Capacity Building Center (SCBC) through Office of Child Care (OCC) are also linked from the EITA Portal Social Emotional Page

Title	Description and Location	Visual
Federal Resources to Support Social Emotional Development of Infants and Toddlers	<b>Infant/Toddler Learning Suite</b> Access resources to support infant and toddler childcare teachers and providers for information and guidance to support the social and emotional development and wellbeing of very young children and to support their families. Through this site you will find a collection of Infant Toddler Resources focused on Mental Health, Relationship-Based Care for Social & Emotional Development, Workforce Wellness and Trauma Responsive Care provided by the Child Care Technical Assistance Network. These resources are appropriate for infant/toddler administrators, staff, trainers, teachers, childcare providers, and adults. In this learning suite you will find on-demand learning opportunities (Microlearning by Topic), Recorded Webinars and Child Care Videos. All of these resources are available at <a href="https://childcareta.acf.hhs.gov/infant-toddler-resourceguide/learning-suite">https://childcareta.acf.hhs.gov/infant-toddler-resourceguide/learning-suite</a> or easily access selected resources via the EITA Portal. <a href="https://www.eita-pa.org/">https://www.eita-pa.org/</a> Click on the Tab Topic of Interest > Scroll down to Social Emotional and click > Scroll down to Federal Resources to Support Social Emotional Development of Infants and Toddlers and choose any of the featured resources listed there.	

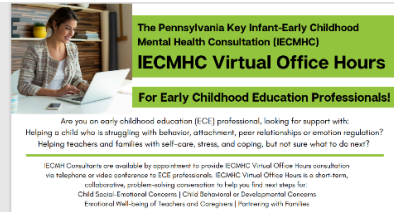
### Social Emotional Courses Available on EITA Portal at [eita-pa.org](https://www.eita-pa.org)

Title	Description and Location	Visual
Scheduled EITA Social Emotional Professional Development Opportunities	EITA provides a variety of social emotional training opportunities annually and they are typically posted on both <a href="https://www.pattan.net/">https://www.pattan.net/</a> for Act 48 or Infant/Toddler EI credit and on the PA PD Registry for PQAS credit. Offerings can be found <a href="https://www.eita-pa.org/">https://www.eita-pa.org/</a> . Scroll down and click "View Highlighted Trainings" to view upcoming live learning events.	


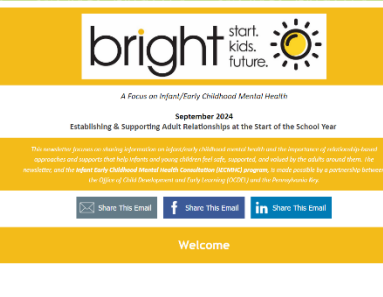

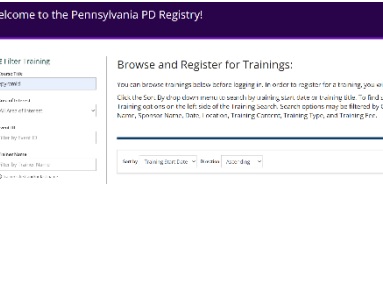
## OCDEL Social Emotional Resources You Can Access at Any Time

<p>Online Courses about Social Emotional Development</p>	<p>EITA has several online courses available that are appropriate for both Early Intervention and Early Childhood staff and families. In addition to what is currently posted, Prevent-Teach-Reinforce for Families eModule is also available. The path that takes you to specific social emotional courses is <a href="https://www.eita-pa.org/">https://www.eita-pa.org/</a> Topic of Interest &gt; Social Emotional &gt; Click on View Library of Courses. These online courses provide Act 48 credits for professionals.</p>	
<p>Getting Started with Program-Wide Positive Behavior Interventions and Supports (PW PBIS) Through PAPBS Network</p>	<p>Program-Wide Positive Behavior Interventions and Supports (PW-PBIS) is a multi-tiered framework to systematically implement Pyramid Model practices with fidelity in early childhood settings. Early Childhood and Early Intervention programs seeking to implement PW-PBIS must be affiliated with a PAPBS facilitator. The PBIS Training Collaborative provides provisional facilitator training or can contract to support a program with PW-PBIS facilitation. For additional information, contact <a href="mailto:pbistrainingcollaborative@gmail.com">pbistrainingcollaborative@gmail.com</a></p> <p>Or, learn more about PW-PBIS on the by clicking on the box titled "Getting Started With Program-Wide Positive Behavior Interventions And Supports (PW PBIS) Through PAPBS Network found on the EITA Portal on the Social Emotional Topic of Interest page. <a href="https://www.eita-pa.org/sedevelopment/">https://www.eita-pa.org/sedevelopment/</a></p>	

## Social Emotional Resources Available on the Pennsylvania Key Website (Pakeys.org)

Title	Description and Location	Visual
<p>Infant and Early Childhood Mental Health (IECMH) Consultation Virtual Office Hours</p>	<p>Are you looking for support with helping a child who is struggling with behavior, attachment, peer relationships or emotion regulation? Helping teachers and families with self-care, stress, and coping, but not sure what to do next? IECMH Consultants are available by appointment to provide IECMH Virtual Office Hours consultation via telephone or video conference. For more details and how to request an appointment, go to <a href="https://www.pakeys.org/">https://www.pakeys.org/</a> Click on OCDEL Programs &gt; Infant/Early Childhood Mental Health (IECMH)&gt; On the IECMH home page, scroll down. Click on Schedule an Appointment or Request An IECMH Consultation just above Contact Information for IECMH.</p>	

## OCDEL Social Emotional Resources You Can Access at Any Time

<p>Infant and Early Childhood Mental Health (IECMH) Matters Resources</p>	<p>The IECMH program has nearly 50 brief resources on their homepage to help with common mental health and behavior questions. Go to <a href="https://www.pakeys.org/">https://www.pakeys.org/</a> Click on OCDEL Programs &gt; Infant/Early Childhood Mental Health (IECMH)&gt; On the IECMH home page, click on IECMH Resources for Current Providers and scroll down to Early Childhood Mental Health (ECMH) Matters Handouts.</p>	 <p><b>How Basic Needs Determine Behavior</b></p> <p>According to William Glasser, human beings have <b>five basic needs: survival, belonging, power, freedom, and fun.</b> Those five needs affect what we do and how we behave. When we're hungry or tired, we get grumpy or irritable when we feel trapped, we lash out when we're lonely we withdraw or try to draw attention to ourselves. If as adults we understand how not having these</p> <p><b>The Five Basic Needs</b></p> <ul style="list-style-type: none"> <li>• <b>Survival:</b> physical needs for food, water, shelter, sleep, and safety/security</li> <li>• <b>Belonging:</b> relationships and friendships and feeling accepted, cared for and loved by others</li> <li>• <b>Power:</b> feeling capable, worthy, and having pride in accomplishments</li> </ul>
<p>Infant and Early Childhood Mental Health eNewsletter</p>	<p>In addition to the opportunity to sign up for the Early Childhood Education (ECE) enews, IECMH also archives mental health newsletters for easy access when you need them. Helpful topics within the current year include self-regulation, communication, interactions and attachment. Go to <a href="https://www.pakeys.org/">https://www.pakeys.org/</a> Click on OCDEL Programs &gt; Infant/Early Childhood Mental Health (IECMH)&gt; IECMH Resources for Current Providers. Subscribe to the monthly eNewsletter Bright.</p>	 <p><b>bright start. kids. future.</b></p> <p><i>A Focus on Infant/Early Childhood Mental Health</i></p> <p><b>September 2024</b> Establishing &amp; Supporting Adult Relationships at the Start of the School Year</p> <p>This newsletter provides an overview of a research-based model of mental health and the importance of relationship-based approaches and supports that help children feel safe, supported, and valued by the adults around them. The newsletter, and the <b>Infant Early Childhood Mental Health Consultation</b> program, is made possible by a partnership between the Office of Child Development and Early Learning (OCDEL) and the Pennsylvania Key.</p> <p>Share This Email   Share This Email   Share This Email</p> <p>Welcome</p>
<p>Infant and Early Childhood Mental Health Videos</p>	<p>These videos are tools to increase your own understanding. In the description, each video provides more information, including a summary of key points. The videos can also help you have more effective conversations with parents about these sometimes sensitive topics. To access them, go to <a href="https://www.pakeys.org/">https://www.pakeys.org/</a> Click on OCDEL Programs &gt; Infant/Early Childhood Mental Health (IECMH)&gt; Bright Start: Supporting Social-Emotional Development.</p>	 <p><b>bright start. kids. future.</b></p> <p><b>Pennsylvania's Infant / Early Childhood Mental Health Consultation Program</b></p> <p>Infant and Early Childhood Mental Health (IECMH) Consultation is a free resource that supports children's social-emotional development from birth through age 5 within early learning programs participating in Keystone STARs.</p> <p>A Partnership with Providers of Early Childhood Education Programs A free resource offered through the</p>
<p>ePyramid Modules -Birth to 5 ePyramid Module Package (Spanish version also available)</p> <p>Prevent-Teach-Reinforce for Families –</p>	<p>Through the preschool development grant and Early Intervention funding through EITA, five ePyramid modules are available for free for PA early childhood professionals and families. These ePyramid Modules are designed to help early childhood professionals support children's growth and development. Prevent Teach Reinforce for Families is designed to prepare professionals who will lead the creation of a behavior plan in homes or community settings other than classrooms. The Wellness course is intended to help</p>	 <p>Welcome to the Pennsylvania PD Registry!</p> <p><b>Filter / ratings</b></p> <p>Search for:</p> <p>Keywords: [input field]</p> <p>Filter by: [dropdown menu]</p> <p>Results: [input field]</p> <p><b>Browse and Register for Trainings:</b></p> <p>You can browse trainings below (login is required to register for a training, you will see the Sun, by clicking on the menu icon on the left side of the training search. To find a training, click on the left side of the training search. Screen options may be filtered by Date, Number, Sponsor Name, Date, Location, Training Format, Training Type, and Training Level.</p> <p>Search: [input field] [button: Search]</p>



## OCDEL Social Emotional Resources You Can Access at Any Time

<p>Culturally Responsive Practices to Reduce Implicit Bias, Disproportionality, Suspension and Expulsion – Trauma-Informed Care and the Pyramid Model</p> <p>-Wellness: Taking Care of Yourself</p>	<p>professionals and families to prioritize taking care of themselves so they can care for children.</p> <p>To register for PQAS credit, go to <a href="https://www.pakeys.org/pdregistry/">https://www.pakeys.org/pdregistry/</a> Login to Your Account &gt;search events &gt; enter epyramid into Area of Interest search and follow the directions to register for the course you want. Prevent-Teach-Reinforce for Families eModule is also available on the EITA portal for Act 48 credits.</p> <p><b>**Once enrolled in these courses, you have access to complete them for 365 days. Please complete at your own pace!**</b></p>	
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### Social Emotional Resources Available on EITA Mobile

Title	Description and Location
Family Focused Tools: Connecting with Your Child	<p>Find out where your temperament matches or doesn't match with your child's temperament and get ideas to support healthy family relationships.</p> <p>EITA Mobile &gt; Family Focused Tools: Connecting with Your Child</p>
Family Focused Tools: In The Moment: Community	<p>Tips and tricks to support your child's social emotional development during transition times in the community.</p> <p>EITA Mobile &gt; Family Focused Tools &gt; In the Moment: Community</p>
Family Focused Tools: In The Moment: Home	<p>Tips and tricks to support your child's social emotional development during transition times at home.</p> <p>EITA Mobile &gt; Family Focused Tools &gt; In the Moment: Home</p>
Tools and Resources: Bits About Behavior Principles	<p>Use this tool to learn more about behavior and learning principles.</p> <p>EITA Mobile &gt; Tools and Resources &gt; Social Emotional &gt; Bits About Behavior Principles</p>
Tools and Resources: Friendship Skills	<p>Use this tool to support families or teachers with strategies about peer and friendship skill development.</p> <p>EITA Mobile &gt; Tools and Resources &gt; Social Emotional &gt; Friendship Skills</p>



## OCDEL Social Emotional Resources You Can Access at Any Time

Tools and Resources: Developing a Plan with Families Around Challenging Behavior	<p>Use this tool to support you during an interview with a family about their child's challenging behavior. This tool will help you and the family develop a plan.</p> <p>EITA Mobile &gt; Tools and Resources &gt; Social Emotional &gt; Developing a Plan with Families Around Challenging Behavior</p>
Tools and Resources: Gathering Information to Better Understand Challenging Behavior	<p>Use this tool to support you before an interview with a family about their child's challenging behavior. This tool can be used in conjunction with “Developing a Plan with Families Around Challenging Behavior.”</p> <p>EITA Mobile &gt; Tools and Resources &gt; Social Emotional &gt; Gathering Information to Better Understand Challenging Behavior</p>
Tools and Resources: Teaching Social Skills within the Daily Routine	<p>Use these sets of videos to learn strategies for teaching social skills across the day and in different settings.</p> <p>EITA Mobile &gt; Tools and Resources &gt; Social Emotional &gt; Teaching Social Skills within the Daily Routine</p>
Professional Development	<p>Access registration for EITA online learning courses and job aids.</p> <p>EITA Mobile &gt; Professional Development &gt; explore Pre-registration for Act 48 credit and/or Self Registration for immediate access and a certificate but not Act 48 or PQAS credit</p>